

**Skeena
Middle School**

3411 Munroe Street Terrace,
B.C. V8G – 3C1
Phone - 1-250-635-9136
Website - skeena.cmsd.bc.ca



<https://www.facebook.com/groups/2381935658782159>

Principal – Mr. Phillip Barron
Vice-Principal – Mrs. Sonja
Donnan
Vice-Principal – Mr. Joe
Dominguez

Bell Schedule

8:40	Warning Bell
8:45-9:50	Block 1
9:55	Block 2
10:10-10:20	Grade 8 Break
10:20-10:30	Grade 7 Break
10:30-10:40	Grade 9 Break
11:05-12:10	Block 3
12:10-12:58	Lunch
1:03-2:08	Block 4
2:13-3:18	Block 5

Student Absenteeism

Please remember to contact the school whenever your son or daughter is going to be away from school. If you send a note with your child, please have the note delivered to the main office first. If the absence is going to be for an extended period of time i.e. more than one day, we can put a homework request out to teachers if your child is ill.

If you are choosing to keep your child at home for an extended period of time due to COVID 19 concerns, please notify the school immediately to avoid a daily automated call out. Should you wish to pursue Distance Learning, please contact Mr. McKay @ 250-635-7944.



January 2021 Newsletter



Dear SMS Families,

We would like to wish everyone a Happy New Year. We hope that you were able to spend quality and relaxing time with family. May this new year bring renewed strength and positivity as we continue to navigate through challenging times. As we press forward with the school year, we would like to remind all families that it is imperative to follow all safety protocols we have in place at Skeena Middle School. Now is not the time to let our guards down and we must continue to work together ensuring the safety of all students and staff.

Principal
Mr. Barron

Vice-Principal
Mrs. Donnan

Vice-Principal
Mr. Dominguez

Students Leaving the School

In the interest of student safety, any students who need to leave the school for any reason, i.e. an appointment, home for lunch – are required to sign out at the main office and to sign back in upon return. Thank you.

Visitors and Guests to the School

All parents/guardians, visitors and guests are required to call first. Please follow the COVID-19 protocol posted at the entrance after you enter the school. Wearing a mask is mandatory before entering. Thank you.



After school band and basketball is still
CANCELLED UNTIL FURTHER NOTICE.



Reminder that a School Trustee By-election for the Board of Education of School District 82 to elect one Trustee for Electoral Area 2 (Terrace) will be held on Saturday, March 6, 2021. For further details please go to www.cmsd.bc.ca.

COVID – 19 Reminder

Thank you to all of you who continually monitor your child's health before sending him/her to school. It is expected that you will do your part and continue with this practice to ensure the safety of your child and everyone else. According to BCCDC document (Appendix C p. 23), it is also expected to conduct a daily health check before sending your child to school. Please use the table below to determine if you should send your child to school that day.

Daily Health Check

Key Symptoms of Covid-19	Circle	One
Fever	Yes	No
Chills	Yes	No
Cough or worsening of chronic cough	Yes	No
Shortness of breath	Yes	No
Loss of sense of smell or taste	Yes	No
Diarrhea	Yes	No
Nausea and vomiting	Yes	No

If a “YES” is circled to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Symptoms of Illness’ or have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved. When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is positive, you should stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is negative, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If you have any questions or concerns, please contact us at the school. Thank you for your cooperation.

SMS COVID PROTOCOL

STAGGERED START AND DISMISSAL TIME

To minimize congestion at the start of the day, students who walk, ride a bike, or get picked up are asked to arrive as close to 8:45 am as possible. Bus students are dropped off at the school between 8:00 am and 8:42 am. At the end of the day, the same students are dismissed at 3:10 pm while students who take the bus home are dismissed at 3:18 pm. This allows students who walk, ride a bike, or get picked up to leave school property prior to bus students being dismissed.

STAGGERED BREAK TIME

Grade 8 10:10 – 10: 20	OUTSIDE
Grade 7 10:20 – 10:30	OUTSIDE
Grade 9 10:30 – 10:40	OUTSIDE

STAGGERED BREAK TIME/LUNCH TIME

12:10 – 12:34

Grade 7's and HALF OF GRADE 8's– **OUTSIDE**
Grade 9's and HALF OF GRADE 8's– **EAT INSIDE**

12:34 – 12:58

Grade 7's and HALF OF GRADE 8's – **EAT INSIDE**
Grade 9's and HALF OF GRADE 8's – **OUTSIDE**

SMS COVID PROTOCOL CONTINUED

PERSONAL PROTECTIVE EQUIPMENT (PPE'S).

Under the updated health and safety guidelines, students must wear masks when....

- In common areas (hallways/gymnasium, weightroom, etc.)
- Transitioning from one class to the next
- Socializing with peers outside of their cohort
- In exploratory classes
- On the busses

WHEN TO WASH/SANITIZE HANDS

- Every time you enter the school from outside.
- When you leave the school at the end of the day.
- Before and after eating, drinking, touching food.
- After touching your face, eyes, or mouth.
- After using the restrooms.
- After playing outside
- After sneezing or coughing into hands or kleenex
- Whenever hands are visibly dirty.
- After cleaning tasks.
- After using shared equipment.
- Before and after any transitions: (e.g. outdoor-indoor transitions, from the gym to the classroom)

SHARING

- Students will not share, cell phones, books, food or water.
- Each cohort will be given equipment they can use outdoor which will be brought back to their classroom after use. Students are required to sanitize/wash the equipment after using the equipment.
- Students are permitted to bring sports equipment from home as long as they only share with students in their cohort and the equipment goes back to the student's classroom. Phones, laptops, and other educational resources are permitted.

HALLWAYS AND LOCKERS

- Please ensure no items are stored in the hallways.
- When walking in the hallway, please walk along the wall to ensure a 2-meter physical distancing.
- When walking in the hallways, please follow the arrows.
- When walking in the hallways, stay on the correct side of the center line
- Do not gather in groups
- Avoid touching any surface while walking in the hallways
- Do not block the movement of others
- REMEMBER – YOU MUST WEAR A MASK WHEN YOU ARE IN THE HALLWAYS

BATHROOMS

- ONLY 2 STUDENTS ARE ALLOWED TO BE IN THE BATHROOM AT THE SAME TIME.