

Skeena Middle School

Hockey Academy Program – 2022/2023



Returning Registrations:

May 2nd – May 6th

10:00 a.m. – 2:00 p.m.

New Registrations:

May 9th – May 13th

10:00 a.m. – 2:00 p.m.

45 Hours of Ice Time

On Ice Skills Development
(Skating, Edges, Puck Control,
Goaltending)

Dryland Training

(Strength, Agility, Endurance)

In Class Instruction

(Nutrition, Leadership, Hockey IQ,
Community Volunteering)

Contact Phillip Barron (phillip.barron@cmsd.bc.ca) or Shawn Dando (shawn.dando@cmsd.bc.ca), with questions or registration information.