



Skeena Middle School

3411 Munroe Street Terrace, B.C. V8G – 3C1
1-250-635-9136 (phone) 1-888-655-0523 (fax)

Relationships - Respect - Honesty - Responsibility - Perseverance

This Week at SMS - Oct. 21 to Oct. 25

End of the First Exploratory

Tuesday, October 29th is the last day of the first of five exploratory rotations for our Grade 7 and Grade 8 students.

Starting on Wednesday, October 30th, all of our Grade 7 and Grade 8 students will start a new exploratory course. All CORE teachers will make sure that students know which class to go to on Wednesday, October 30th.



Band Fundraiser

Our Band Program is currently doing a Scoops Gourmet Cookie Dough Fundraiser. All orders are due back to the school by Friday, November 15th with orders ready for pick-up by Friday, December 6th. Please see the attached order form. Orders may be dropped off in the Band Room.



SMS Website

Please visit our updated website at <http://skeena.cmsd.bc.ca>.



Photo Re-takes

On Wednesday, Oct. 9, we had our Photo Day. We will be having our retakes on Thursday, November 14th.



Happy Halloween at SMS

As in the past, students are welcome to wear a costume to school on Thursday, October 31st, for Halloween.

Students are reminded that costumes need to be appropriate for school including the safety of all students – **for example, nothing too violent or gory, no weapons of any kind and masks are NOT to be worn.**

NOTE: If a costume is determined by our staff to be inappropriate for school, the individual student(s) will be asked to change for the day.



Caffeinated Energy Drinks at SMS

While at this time, Skeena Middle School does not have an official policy specific to Energy Drinks at school, we **strongly discourage** students from having these types of drinks at school.

Health Canada recommends that children and teenagers **not use** energy drinks. The best way for children and teenagers to improve energy is through a balanced diet. Getting enough sleep also can help keep energy levels up. One reason that Energy Drinks are not recommended for students is that the main ingredient in energy drinks is caffeine.

All students are encouraged to bring a water bottle to school and use our water bottle fill stations throughout the school. More information is available at [Caffeinated Energy Drinks | HealthLink BC](#) and [Energy and Sports Drinks | HealthLink BC](#)

Foundation Skills Assessment (FSA)

From October 1 to November 8, 2024, all the Grade 4 and Grade 7 students at Skeena Middle School, along with all Grade 4 and Grade 7 students throughout British Columbia, will complete the Foundation Skills Assessment (FSA). The Foundation Skills Assessment is an annual province-wide assessment of all B.C. students' academic skills in grades 4 and 7, and provides parents, teachers, schools, school districts and the ministry with important information on how well students are progressing in the foundation skills of Literacy and Numeracy.

PRO-D Day – Oct. 25

There will be **NO** school for students on Friday, October 25th. This a PRO-D day for teachers.



Colder Weather

The weather outside is getting cold and we are seeing more rain and may soon see some snow. Please make every effort to send your child to school dressed appropriately for the weather.

Safety Reminders:

- Walk on the sidewalks, wherever possible
- Allow for extra time in the morning due to road conditions.
- Watch for students and adults in the parking lot.
- Stand away from where the bus stops. Buses need extra room to stop when there is snow and ice on the road.
- Please **do not** drive in the bus lane closest to the school.
- Please use the designated student drop off area.

Volleyball Season is Underway!

Our Volleyball Season has begun! All of our teams have begun practices. Our Grade 7 teams have begun games and all of our teams at the Grade 8 and Grade 9 levels have begun their Northwest Zone Athletic Association play. We are very pleased that we have boys and girl's teams at all grade levels. Our volleyball season will continue until the end of November.

We would like to thank all of our volunteer coaches who do an amazing job with all of our teams.

Good luck to all our teams!

Block Rotation - Oct. 21 to Oct. 25

Mon., Oct. 21 – 4-5-6-7-8

Tues., Oct. 22 – 1-2-3-4-5

Wed., Oct. 23 – 6-7-8-1-2

Thurs., Oct. 24 – 3-4-5-6-7

Fri., Oct. 25 – No School

Lost and Found

We have begun to collect a number of items in our Lost and Found Bin.

If your child is missing a jacket or a hoodie, please ask them to have a look in our lost and found. It is located in the gym between the bleachers.